

## Sanar (siendo mis otros yo)

Dabone (Lucio)



## Capítulo 1

*And what if not all that creating characters has not been so bad?*

*And what if the personality that one gave each of them, in the long run and indirectly ends up helping you get out of the worst depression of your life?*

*Many times, those things that we thought were bad for us, end up helping us to have a different point of view of the world.*

*They free us, they give us an empathy that perhaps nothing and no one could give us before.*

*Maybe now you don't understand much of what I'm talking about, but soon you will.*

*One can heal himself, for real, through his/her imaginary **other selves**.*